

IMET2000-PAL NEWSLETTER



INSIDE THIS ISSUE :

- Fundraising Dinner
- Jasmine Society Support
- Basic Life Support Workshops
- Art Therapy for Children with Cancer

THE COMEDY EXTRAVAGANZA ON HQS WELLINGTON A HUGE SUCCESS



October 16, 2019

Thanks to the amazing efforts of our Patron Mark Thomas and Events Director Harriet Paul in organizing a big fundraising event in only six weeks, the IMET2000 Comedy Extravaganza held on the ship HQS Wellington yesterday evening (October 16 th)was a huge success. The audience of over 140 guests was treated to a programme of six stand-up comics (Mark Thomas, Shazia Mirza, Josie Long, Alexei Sayle, Bridget Christie and Imran Yusuf), which they enjoyed greatly. Many said that it was the best evening of fun they had ever experienced.

IMET2000 hoped to raise at least £40,000 to fund four projects where we particularly needed help, three of them in Gaza and one in the West Bank. Project One was for our Child Accelerated Trauma Technique (CATT) in Gaza, Project Two was to support Gazan surgeon Dr Ehab Balawi's training in neurosurgery in China, Project Three was for the PalMusic UK Long Distance Learning Project in Gaza and Project Four was for the Jenin Comedy Club in the West Bank. We will not know for several weeks the financial outcome but are optimistic that our target might even be exceeded.

Jasmine Society Support

A Member of our Board of Trustees' Working Visit to Palestine

In collaboration with the International Medical Education Trust (IMET 2000), Dr Hasanen Al-Taiar (consultant forensic psychiatrist) has delivered training workshops to professionals at Jasmine Charitable Society (JCS) in Ramallah, Palestine between 28 th September and 1 st October 2019. The workshops focused on building professional capacity of staff working in JCS as well as reviewing with them key concepts of neurodevelopmental and other mental disorders. Different disciplines including nursing, medical, occupational therapists, psychologists, teachers and other specialists attended the sessions. Dr. Hasanen said "I have witnessed the interpersonal relationships with children and their families, and I was amazed by how safe the therapeutic environment was, and how the friendly and familial such interactions were. Staff paid a considerable amount of time and effort in supporting children, some with very challenging pathological presentations. I was glad to witness how these vulnerable children looked extremely happy when they played and interacted with staff."



Jasmine Society Support

Following the series of activities and programs for children with disabilities in Palestine, IMET2000-PAL supported Jasmine Society for the Care and Rehabilitation of children with Disabilities by covering the cost of treatment for 20 children with autism spectrum disorders and learning difficulties. This is part of our response to an urgent need to provide more services to children who have difficulty accessing these services; estimated at 700 children from low oncome families. Covering costs of treatments is instrumental in alleviating the burden on the these kids, their families and the society. Jasmine Society, represented by the administrative body, its employees, students and their families, sincerely thank the IMET2000-PAL for its projects to support children with autism and learning disabilities.



Basic Life Support Workshops

IMET2000 organized three (BLS) for Physicians and Nurses

September 25th, 2019; IMET2000-PAL in cooperation with American Arab University-Jenin organized the Critical Core Training: Basic Life Support (BLS) for Nurses. 9 nurses attended the workshop from west bank governmental hospitals at American Arab University in Jenin.

Mr.Fayez Ghannam (American Heart Association "AHA") led this workshop.



Basic Life Support Workshops

September 28th, 2019; IMET2000-PAL in cooperation with JUZOOR for Health & Social Development, organized the Critical Core Training: Basic Life Support (BLS) for Physicians.

The workshop was attended by 12 doctors from west bank at JUZOOR for health & social development center in Ramallah. This workshop was led by Instructors Dr. Aref Omar and Mrs. Taher Wardeh (American Heart Association "AHA").



Basic Life Support Workshops

October 6th, 2019; IMET2000-PAL in cooperation with American Arab University-Jenin organized the Critical Core Training: Basic Life Support (BLS) for Physicians XI. The workshop was attended by 9 physicians from different governmental and private hospitals at American Arab University in Al-Ryihan .

This workshop was led by Instructor Mr.Ahmad Hodrob (American Heart Association "AHA").



ART THERAPY FOR CHILDREN WITH CANCER



This month, IMET2000-PAL in cooperation with An-Najah National University Hospital organized two activities in art therapy for children undergoing treatment for cancer. Ten children attended the event. Through this scheme we aim to achieve multiple benefits which include, but are not limited to: (1) controlling anger, (2) enhancing their mental health, (3) providing healthier, more positive body images, as well as support in safely expressing difficult emotions, and most importantly (4) increasing self-esteem and improving the children's mood as they are undergoing treatment. The two activities took place on the 19 th and 26 th of October with four children attending the first and six attending the second. The first session included cardboard and making simplified art forms to relieve stress and to help the child get proper psychological development. The second session included therapeutic play exercises with different materials such as free coloring activities and play exercises to help children reduce their emotional disorders. Therapeutic play is a way for the child to discover the environment and the surrounding environmental conditions spontaneously while having fun. It was run by Ms. Hadeel Alawneh, our art therapist.

