

IMET2000-PAL NEWSLETTER



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IMET2000-PAL Scholarships in CMH Nursing Program

As part of IMET2000 scholarships scheme, we have sponsored five nurses to join MSc programme in Community Mental Health Nursing at An-Najah University for the year 2019-2020.

These scholarships are dedicated to candidates with a high level of education and covers academic and health institutions form both the private and public sectors.

The five nurses who were selected are:



Isra Sawalha
Najah National University



Maher Al Battat
Najah National University
Hospital



Zareefa Shaabna
Birziet University



Sawsan Shqair
Ministry of Health



Saleh Saya'reh
Dr Kamal Mental Health Hospital
Bethlehem

Advanced Cardiovascular Life Support Training

November 16th,18th 2019; IMET2000-PAL organised another Advanced Cardiovascular Life Support (ACLS) Training for Physicians and Nurses. It is designed for physicians and nurses, who are working in the emergency and critical department. Advanced cardiac life support refers to a set of clinical algorithms for the urgent treatment of cardiac arrest, stroke, myocardial infarction, and other life-threatening cardiovascular emergencies.

The workshop was attended by 12 physicians and nurses. This workshop was led by Mr. Jamal Wahadnh and Mr. Ismail Ganm instructors from American Heart Association “AHA”- Juzoor for Health & Social Development- Ramallah



AIRWAY MANAGEMENT TRAINING



November 02, 2019 IMET2000-PAL organised another Nursing Critical Core Training: Airway Management Course. The workshop was attended by more than 35 nurses working at different Governmental hospitals, Augusta Victoria hospital and Al-Makassed hospital- Jerusalem, Istishari Arab Hospital- Ramallah, Caritas Baby Hospital-Bethlehem, and An-Najah National University Hospital- Nablus. The workshop aimed to train participants nurses on the latest guidelines on the airway management; dolls were used to demonstrate intubation techniques for certain case scenarios. This workshop was led by Mr. Mohammad Ata and Mr. Saleh Faraj/ clinical instructors in Airway management.



Basic Life Support Training

October 26th, 2019



October 26th, 2019 IMET2000-PAL organised another Critical Core Training: Basic Life Support (BLS) for Physicians. The workshop was attended by 12 doctors from the west bank at JUZOOR for health & social development center in Ramallah. This workshop was led by Dr. Aref Omar and Mrs. Taher Wardeh (American Heart Association “AHA”) Instructor- JUZOOR for Health & Social Development.

ART THERAPY FOR CHILDREN WITH CANCER



IMET2000-PAL in cooperation with An-Najah National University Hospital organized three activities in art therapy this month for children undergoing treatment for cancer. Eight children attended the event. One of the goals of the art therapy program is to enable those kids cope with their treatment. The three activities took place on the 11th, 16th, 23th of Nov with three children attending the first, four attending the second and four attending the third. The first session included psychological discharge of colors and storytelling, representation of the characters of the story with colored paper to develop the imaginary side of the child's personality and to train the child to express him/her self through the representation of the events of the story. The second session involved exercises to suggest positive phrases using acrylic colors in order to guide children for positive thinking. A clown and kinetic exercises with music to train the muscles of children and improve their mood followed the session. The Third session, the children were trained on healthy activities and behaviors around germs and infections through drawing, coloring and a simplified comic style for children. The art therapy program has become very popular programs for children undergoing chemo/ radiotherapy. This is reflected by the fact that children and their families are always looking forward for the days when the sessions are happening. Two of the touchy stories we share with our readers: The first one is a story of a girl who has refused to walk for four days, but her mother was surprised when she saw her daughter running fast for the art therapy session. The second story is a boy who was feeling lonely, depressed and always resisted to integrate with his peers; his mum was almost in happy tears when she saw him fully engaging and interacting with others whilst on art therapy session. Ms. Hadeel Alawneh, our art therapist.



IMET2000-Pal Scholarships

Our fellows continue to prosper in mental health training and other health science fields:

Mr Sajed Ghawadra

Completes successfully the 1st year of his PhD in mental health nursing Congratulations..!



Mr Hadi Rabee'

Utilised a travel bursary from IMET2000-Pal to attend an international conference in Spain, which focuses on introducing new updates on the management of a number of dermatological diseases.

Dr Salah Itmaiza

Utilised a travel bursary to attend The European emergency medicine congress in Prague, organized by the EUSEM. The meeting focus was on the use of ultrasound in emergency setting, toxicology and trauma.

