

# IMET2000-Pal Newsletter

A Newsletter for The International Medical Education Trust 2000 - Palestine

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Overseas Development &  
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Chief Executive Officer  
- IMET2000



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**Miss Emaa Saada**  
Nursing Education  
Officer at IMET2000-Pal

## **IMET2000 Sponsors a Group of Doctors to Become ATLS Instructors**

**We have sponsored a group of doctors who have recently completed their ATLS training to further train in Jordan to become ATLS instructors. This training was organised in collaboration with ATLS Jordan Chapter in Amman. This group will join our ATLS training team of instructors in Palestine, and will form a significant expansion to our programme.**

**The Chairman of ATLS Jordan- Dr Odat- welcomed the trainees and thanked IMET2000 for its support. Our CEO, Dr Zaben expressed his appreciation to the endless support ATLS Jordan is providing to our programme in Palestine. We are looking for this collaboration to develop further.**



## IMET2000 Launches the Activities of Its Health Research Club

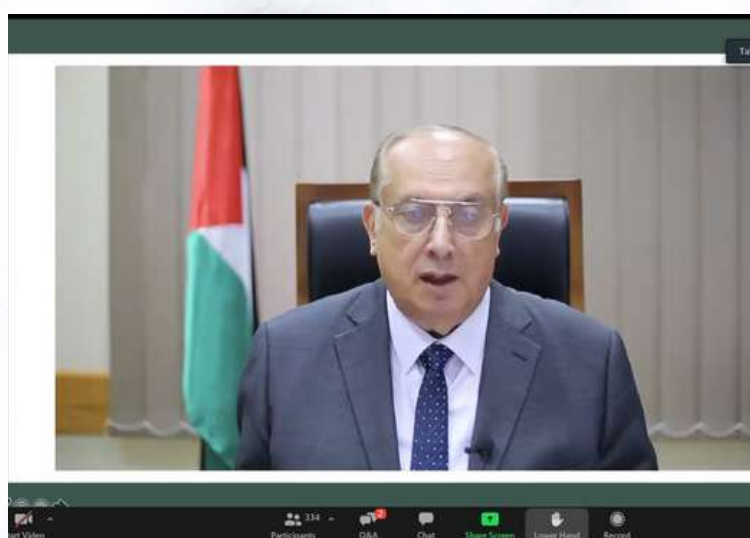
Under the auspices of H.E Prof Abu Mowis the Minister of Higher Education and Research, and the presence of our founder Prof Colin Green, we have launched the activities of our Health Research Club.

Prof Abu Mowis has praised the idea of developing a Health Research Club as a hub to encourage Palestinian health sciences, students doctors and nurses to indulge in Research Activities. He pledged full support from the Ministry for this initiative and encouraged multidisciplinary collaboration.

In his opening speech Prof Green has pointed out how Palestinians' unique experience has come to be at the centre of an international matrix, a spider's cobweb, of research and learning in a new discipline in healthcare badged as **EXTREME HEALTHCARE**. He added, "We can turn horrible suffering and victimisation into an opportunity of global significance where you will be world leaders in this enterprise."

The opening lecture (one out of 7) was given by our CEO Dr Malik Zaben under the title "How to Do Your First Clinical Audit". The session was attended by more than 350 participants largely from Palestine but also from other countries in the Middle East and Africa.

This Research Club will form an umbrella under which young investigators will come together to investigate healthcare matters of interest to their own countries, particularly in under-resourced countries. This matrix will provide a network for participants to interact and learn from each other's experiences. IMET2000 is supporting this initiative financially and logistically.



## IMET2000 Organises Its 3rd ATLS Training Course

We have organised our 3rd training ATLS course in Ramallah. This was delivered by our Palestinian ATLS instructors in collaboration with Jordan ATLS Chapter. The course was opened by our ATLS director Dr Jubran and Coordinator Mr Fady Zaben. This particular course remarks a collaboration with the Department of Emergency Services at the Ministry of Health- Dr Qawasmeh paid the centre a visit and thanked IMET2000 for their support.

16 Doctors were trained as per ATLS curriculum. This course is well-recognised for training healthcare staff to coordinate and manage trauma cases effectively Dr Zaben (IMET2000 CEO) said “We aim to continue working with other Palestinian stakeholders to deliver more ATLS courses until we get as many surgeons as we can trained.

We are looking to expand this in 2022 to involve ATLS for nurse and medical students.”



## **IMET2000 Celebrates the Graduation of our Second MSc Student in Community Mental Health**

**We are very pleased to share with you the good news that Ms Sawsan Shqair has completed her MSc studies in community mental health nursing- fully sponsored by IMET2000 with GPA of 4 (Degree of Excellence). And this is what Mrs Sawsan had to say:**



Ms Sawsan Shaqir

**Dear IMET2000-Pal Team,**

**I'm Sawsan Shqair one of the grantees in 2019 by IMET2000 to study master's degree in Community Mental Health Nursing at An-Najah National University in Palestine.**

**I'm writing this thankful letter to express my appreciation for helping me to achieve my dream of becoming a mental health practitioner. By sponsored me with full Scholarship, when you reduced my financial burden you allowed me to focus on my study and not worry about the financial conditions. this specialty is strongly needed in our country and this kind of scholarship is crucial for Palestinian to advancing their society.**

**and I want to thank all the founders and the supporters of the IMET2000-Pal for their generosity.**

## An IMET2000 Webinar on Research Methodology: Attended by More than 270 Participants

IMET2000-Pal has organised a Webinar on research methodology under the umbrella of our recently launched Research Club. This webinar was attended by more than 270 healthcare professionals and students from Palestine and neighbouring countries. It was delivered by our CEO, Dr Malik Zaben. The participants were taken through the importance of research in health before Dr Zaben pointed out the key benefits of healthcare professionals involved in research. He then talked extensively on key research methodologies used in health-related research projects particularly randomised clinical trials, cohort studies, cross-sectional surveys and case-control studies. The webinar was closed by taking a large number of questions from the participants. This webinar will be followed by hands-on sessions wherein participants will be closely supervised to develop their own research projects. Dr Zaben pointed out that "IMET2000 has allocated the needed funds to develop its Research Club to international standards. This Club will be a hub to deliver much needed relevant and interesting research projects for Palestine and the area.

**welcome!**  
to **IMET2000 Research Program**

**"Research Methodology"**  
session will start at:  
**8:00 P.M, Palestine Time**

**THANK YOU**  
for waiting!

**Speaker**

**Dr Malik Zaben**  
Neurosurgeon, CEO of  
IMET2000

Alaa Eddin Salameh  
Mohammad Al-Amri  
Malik Zaben

**What is a Randomised Controlled Trial?**

- ◆ People are randomly allocated to receive or not receive an intervention → then followed to determine the effect.
- ◆ The two groups should have similar types and numbers of people in them.
- ◆ Having a control group allows to assess if the results would have happened by chance, or not.

population → group 1 → new treatment → outcome

population → group 2 → control treatment → outcome

## IMET2000 Organized Basic Life Support Training Workshop for Doctors

IMET2000-Pal in cooperation with An-Najah National University organised the:

### Critical Core Training: Basic Life Support (BLS) for Doctors

This workshop was held on 4th Dec, 2021 for Rafidia and Al Watani hospitals-Nablus and was attended by 12 doctors at An- Najah Training Centre. This training prompts physicians and nurses to recognize several life-threatening emergencies, give high-quality chest compressions, deliver appropriate ventilations and provide early use of an AED according to American Heart Association Guidelines. It was led by Dr Lubna Abu Saoud and Mr Ahmad Al Aswad (American Heart Association “AHA”) Instructors.

